



Waitemata
District Health Board
Best Care for Everyone

Communications Dept
Corporate Office
Level 2, 15 Shea Terrace
Private Bag 93-503, Takapuna
Auckland 0740
Telephone: 09 486 8955

June 29, 2017

(For immediate release)

Five sets of twins the talk of the town

It's not every day you get five sets of twins and their parents together in one space. But that's exactly what happened this week at North Shore Hospital where 10 newborns were assembled for a group photo before being discharged.

All of the same-gender twins were born within a few days of each other and two sets arrived on the same morning Emirates New Zealand raced to Americas Cup victory in Bermuda.

Twins are a relative rarity so having five sets on the ward all at one time was something of a novelty.

"Just 2 per cent of all live births in New Zealand are twins and there is always a high level of excitement when we have them on the ward," Waitemata DHB obstetrician Adele Barr said. "To have five sets at once was certainly a talking point."

A total of 4114 babies were born at the North Shore Hospital between July 1, 2016 and June 28, 2017. They included 81 sets of twins and one set of triplets.

Staff at Waitakere Hospital delivered 2805 babies in the same period – including 14 sets of twins.

Ends

Caption: Five sets of twins line up for a photograph at the North Shore Hospital. Two sets are identical.

For further information contact

Matt Gray

09 486 8920

021 410 178

matthew.gray@waitematadhb.govt.nz