



# Midwifery Education Calendar 2021 - 2022

## Midwifery Emergency Skills Refresher (MESR)

**Includes:** Maternity emergencies, Neonatal Resuscitation and CPR/Maternal collapse.

2021 (14 midwives per course) – New Midwifery Council year starts 1 <sup>st</sup> April			
9 <sup>th</sup> February	12 <sup>th</sup> May	11 <sup>th</sup> August	10 <sup>th</sup> November
17 <sup>th</sup> February	19 <sup>th</sup> May	18 <sup>th</sup> August	17 <sup>th</sup> November
8 <sup>th</sup> March	9 <sup>th</sup> June	8 <sup>th</sup> September	8 <sup>th</sup> December
17 <sup>th</sup> March	16 <sup>th</sup> June	15 <sup>th</sup> September	15 <sup>th</sup> December
12 <sup>th</sup> April	14 <sup>th</sup> July	13 <sup>th</sup> October	
14 <sup>th</sup> April	21 <sup>st</sup> July	20 <sup>th</sup> October	

**Booking:** WDHB core staff will be booked and rostered to attend on WFC by the educators. Feel free to make contact if you wish to check your booked date further in advance. **BOOKING IS ESSENTIAL FOR LMCs.** If you do not yet have a date for the 2021 Council year and wish to attend at WDHB, please make contact ASAP.

Free for WDHB staff and \$50 for WDHB Access holders.

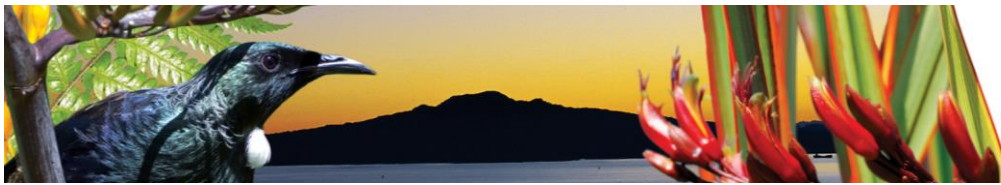
To book email: [Midwifery.Education@waitematadhb.govt.nz](mailto:Midwifery.Education@waitematadhb.govt.nz)

## Breastfeeding Essentials Workshop

**Includes:** This course commences with a 4hr clinical practices face-to- face workshop. A further remunerated 12hrs of online study must be completed at your own pace. This is mandatory on employment with WDHB and highly recommended for all new LMC midwives (a fee applies)

Waitakere	Course	North Shore	Course
23 <sup>rd</sup> April (Kawakawa room) 0800-1200	BFE Day 1	1 <sup>st</sup> November (Rata room Whenua Pupuke) 0800-1200	BFE Day 1
Online	BFE Day 2	Online	BFE Day 2

**Booking:** Contact Eleanor Gates ext.42468 [Eleanor.Gates@waitematadhb.govt.nz](mailto:Eleanor.Gates@waitematadhb.govt.nz)



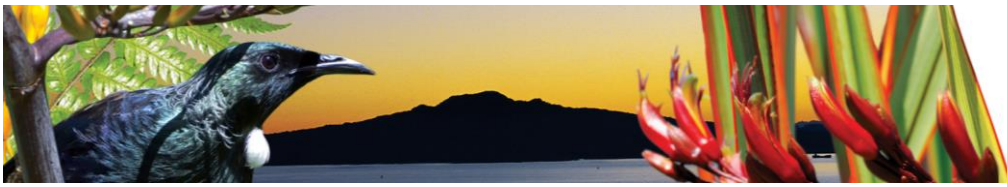
## Breastfeeding Education Update (4hrs) + Engaging Effectively with Māori (3hrs) (Mandatory study day for WDHB staff for Council Year April 1<sup>st</sup>, 2021 – March 31<sup>st</sup>, 2022)

Engaging Effectively with Māori is a transformational, specialist development programme designed to provide the knowledge and skills to engage effectively with Māori in culturally competent, culturally safe and culturally intelligent ways.

North Shore	Waitakere
Monday 17 <sup>th</sup> May: 0730-1200 BEU (Harakeke & Manuka rooms, Whenua Pupuke) 1300-1600 EEWM E1 (Waitematā room, Whenua Pupuke – joining other WDHB general staff)	Tuesday 15 <sup>th</sup> June: 0900-1200 EEWM E1 (Waitakere Marae – joining other WDHB general staff) 1230-1630 – BEU (Piha Ward, Whanau Lounge)
Monday 5 <sup>th</sup> July: 0900-1200 EEWM E1 (Kawakawa room, Whenua Pupuke – midwives only session) 1230-1630 BEU (Kawakawa room, Whenua Pupuke)	TBC - Thursday 5 <sup>th</sup> August: 0800-1230 BEU 1300- 1600 EEWM E1
Further sessions TBA.	Friday 6 <sup>th</sup> August: 0900-1200 EEWM (Kawakawa room, WTH – midwives only session) 1230-1630 BEU (Kawakawa room, WTH)
Further sessions TBA.	Friday 3 <sup>rd</sup> September: 0900-1200 EEWM (Kawakawa room, WTH – midwives only session) 1230-1630 BEU (Kawakawa room, WTH)
Further sessions TBA.	Further sessions TBA.
Further sessions TBA.	Further sessions TBA.

WDHB staff: You do not need to book on this study day yourself. You will be booked to attend for both your BEU and EEWM by Eleanor Gates **ext.42468** [Eleanor.Gates@waitematadhb.govt.nz](mailto:Eleanor.Gates@waitematadhb.govt.nz).

For those few staff who have already attended E1 session, you do not to have to repeat this on the same day as your 4hrs breastfeeding education. You should book yourself onto a separate E2 session via Ko Awatea and you can be paid this as 4hrs mandatory learning (rather than from your elective education allowance).



## PROMPT (*PRactical Obstetric Multi-Professional Training*)

 <p>See <a href="https://www.promptnz.org">https://www.promptnz.org</a> for further info</p>		<p><b>Includes:</b> realistic simulated emergency scenarios (with live actors) that take place in your birthing unit, supported by short lectures using WDHB guidelines and policies. All participants work as a multidisciplinary team to improve confidence and team work. Free for all. For midwives this can be used to meet your Council emergency skills requirements once every 3 years.</p>	
Waitakere	North Shore	North Shore	Waitakere
6 <sup>th</sup> April	26 <sup>th</sup> May	26 <sup>th</sup> August	30 <sup>th</sup> November

**Booking contact:** [Midwifery.Education@waitematadhb.govt.nz](mailto:Midwifery.Education@waitematadhb.govt.nz)

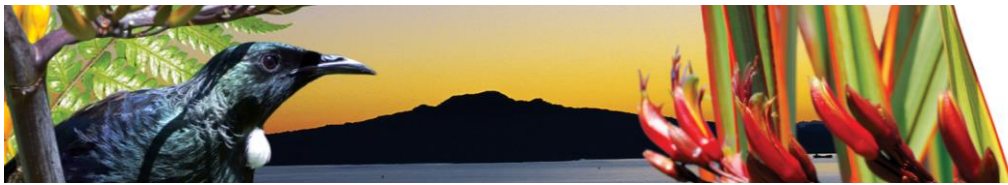
**Participants:** SMO, Registrars, Midwives, anesthetists and anyone involved in care of women in pregnancy and birth. We have 14 participants per course.

## New Zealand Resuscitation Council - Newborn Life Support course (NLS)

**Includes:** A full day focused on Newborn Life support (SIM Centre, Waitakere).

Waitakere	Waitakere	Waitakere	Waitakere	Waitakere
3 <sup>rd</sup> May	21 <sup>st</sup> June	2 <sup>nd</sup> August	18 <sup>th</sup> October	6 <sup>th</sup> December

**Booking:** Free to WDHB staff. There is a fee for non DHB staff. Contact Neonatal Educator



**Waitemata**  
District Health Board

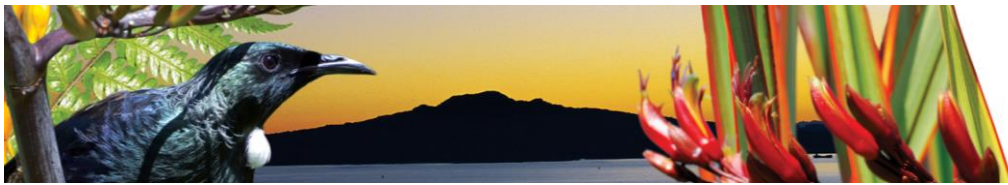
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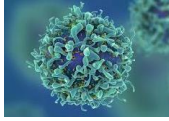





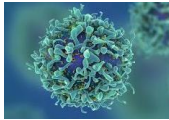
**WDHB Midwifery Elective Education (for Council Year April 1<sup>st</sup>, 2021 – March 31<sup>st</sup>, 2022)**

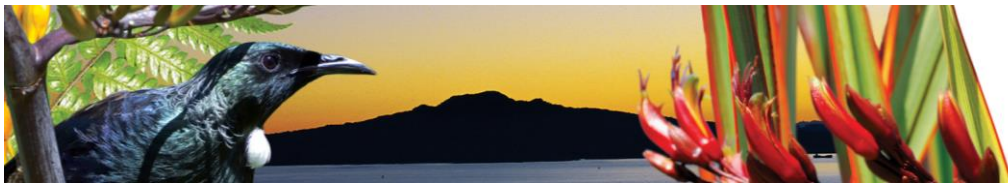
For all enquiries and bookings, please email [Midwifery.Education@waitematadhb.govt.nz](mailto:Midwifery.Education@waitematadhb.govt.nz)






DATE & LOCATION	COURSE	DESCRIPTION	COST
Friday 5 <sup>th</sup> March 2021 WTH Kawakawa room	 <b>Hine Tu Hine Ora</b> <small>Te mate Tuatea, me te mate Pōuri o Aotearoa</small> <small>Championing Perinatal Wellbeing in our Communities</small>	Facilitated by nurse and midwife Joanne Rama. Workshop to enable providers to have courageous conversations about culturally competent care. Focuses on reducing inequities and shining light on issues faced by whanau when experiencing perinatal mood disorders	Free to all <b>FULLY BOOKED</b>
Friday 12 <sup>h</sup> March 2021 NSH Whenua Pupuke, Harakeke room	 <b>Hine Tu Hine Ora</b> <small>Te mate Tuatea, me te mate Pōuri o Aotearoa</small> <small>Championing Perinatal Wellbeing in our Communities</small>	Facilitated by nurse and midwife Joanne Rama. Workshop to enable providers to have courageous conversations about culturally competent care. Focuses on reducing inequities and shining light on issues faced by whanau when experiencing perinatal mood disorders	Free to all <b>4 SPACES AVAILABLE</b>
Thursday 25 <sup>th</sup> March 2021 WTH Kawakawa room	 <b>Perineal Repair and Care</b>	Review of A&P, classifying and recognising degrees of trauma and evidence-based repair techniques. Includes plenty of practical tips and practice on a variety of perineal substitutes. <b>Priority spaces given to those who were booked on a cancelled course in 2020.</b>	Free to WDHB staff. All others \$50 incl. GST
Wednesday 7 <sup>th</sup> April 2021 NSH Whenua Pupuke Harakeke and Manuka rooms	 <b>Growth Assessment Programme (GAP)</b> <small>for maternal and child health</small>	Covers the background, evidence base and theoretical, practical and clinical aspects of the GAP programme and the use of customised growth charts. 3hr sessions: 0900-1200 OR 1300-1600	Free to all
Friday 7 <sup>th</sup> May 2021 WTH Kawakawa room	 <b>Growth Assessment Programme (GAP)</b> <small>for maternal and child health</small>	Covers the background, evidence base and theoretical, practical and clinical aspects of the GAP programme and the use of customised growth charts. 3hr sessions: 0900-1200 OR 1300-1600	Free to all
Friday 28 <sup>th</sup> May 2021 WTH Kawakawa room	 <b>Diabetes in Pregnancy</b>	Update and overview of GDM & the impact on Antenatal, Intrapartum & Postnatal care	Free to WDHB staff. All others \$50 incl. GST

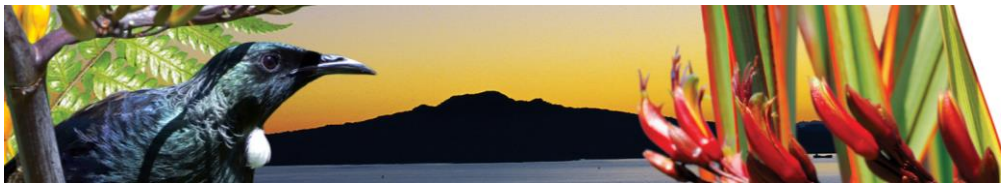




<p>Monday 31<sup>st</sup> May 2021 WTH Kawakawa room</p>	 <p><b>Immunisation Update</b></p>	<p>Up to date Immunisation knowledge relevant to practice including, the National Immunisation Schedule changes, vaccine composition, safety of vaccines in pregnancy, administration of vaccines and talking with parents about vaccines.</p>	<p>Free to all</p>
<p>Friday 11th June 2021 NSH Whenua Pupuke Kawakawa room</p>	 <p><b>SPINNING BABIES®</b></p>	<p>Inspiring workshop to learn physiological resolutions for long/or posterior labour, tools for <i>delayed</i> progress. Develop deeper knowledge of anatomy of fetal positioning and impact for birth.</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Thursday 24<sup>th</sup> June 2021 NSH Whenua Pupuke Harakeke and Manuka rooms</p>	 <p><b>The vulnerable newborn</b></p>	<p>Content TBC, however likely to be chosen from topics such as: neonatal jaundice, hypoglycaemia; IUGR; signs of sepsis (eg. GBS); identifying head trauma and monitoring; considerations for the babies of mothers with suspected or confirmed substance misuse; the newborn exam.</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Friday 2<sup>nd</sup> July 2021 WTH Kawakawa room</p>	 <p><b>Breech Babies</b></p>	<p>Reviewing: vaginal breech birth mechanisms and facilitation techniques; informed decision-making; empowering midwives with the knowledge and skills to support vaginal breech births.</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Friday 9<sup>th</sup> July 2021 WTH Conference Room</p>	 <p><b>FSEP</b></p>	<p>RANZCOG Fetal Surveillance Education Programme. Comprehensive coverage of fetal placental pathophysiology, features of normal and abnormal CTGs and ensures consistency of interpretation in accordance with latest guidelines. Essential for all Midwives and doctors.</p>	<p>Free to all</p>
<p>Monday 23<sup>rd</sup> August 2021 NSH Whenua Pupuke Rata room</p>	 <p><b>FSEP</b></p>	<p>RANZCOG Fetal Surveillance Education Programme. Comprehensive coverage of fetal placental pathophysiology, features of normal and abnormal CTGs and ensures consistency of interpretation in accordance with latest guidelines. Essential for all Midwives and doctors.</p>	<p>Free to all</p>
<p>Thursday 2nd September 2021 NSH Whenua Pupuke Kawakawa room</p>	 <p><b>Immunisation Update</b></p>	<p>Up to date Immunisation knowledge relevant to practice including, the National Immunisation Schedule changes, vaccine composition, safety of vaccines in pregnancy, administration of vaccines and talking with parents about vaccines.</p>	<p>Free to all</p>



<p>Monday 27<sup>th</sup> September 2021 WTH Kawakawa room</p>		<p>Inspiring workshop to learn physiological resolutions for long/or posterior labour, tools for <i>delayed</i> progress. Develop deeper knowledge of anatomy of fetal positioning and impact for birth.</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Monday 8<sup>th</sup> November 202 WTH Kawakawa room</p>	 <p><b>The vulnerable newborn</b></p>	<p>Content TBC, however likely to be chosen from topics such as: neonatal jaundice, hypoglycaemia; IUGR; signs of sepsis (eg. GBS); identifying head trauma and monitoring; considerations for the babies of mothers with suspected or confirmed substance misuse; the newborn exam</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Thursday 25<sup>th</sup> November 2021 NSH Whenua Pupuke Kawakawa room</p>	 <p><b>Perineal Repair and Care</b></p>	<p>Review of A&amp;P, classifying and recognising degrees of trauma and evidence-based repair techniques. Includes plenty of practical tips and practice on a variety of perineal substitutes. <b>Priority spaces given to those who were booked on a cancelled course in 2020.</b></p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p>Friday 17<sup>th</sup> December 2021 NSH Whenua Pupuke Kawakawa room</p>	 <p><b>Breech Babies</b></p>	<p>Reviewing: vaginal breech birth mechanisms and facilitation techniques; informed decision-making; empowering midwives with the knowledge and skills to support vaginal breech births.</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>
<p><b>The following topics are yet to be confirmed and may not ALL go ahead. Further details will be released as soon as possible. We are very happy to take expressions of interest to book at this stage. This will also help us gauge interest in these topics.</b></p>			
<p>To be advised 2021 Waitakere</p>	 <p><b>Wahakura weaving Wananga</b></p>	<p>Experience the art and tikanga of weaving, creating your own Wahakura. Throughout the day we will fill your kite with stories from speakers who provide support and services for Maori, Pacific Island and young mums. Register via Rosie Houghton</p>	<p>FREE to all</p>
<p>2 Dates TBC WTH/NSH</p>	<p><b>Physiological birth and reducing caesarean section</b></p>	<p>Content TBC. However will aim to be a discussion-based day around topics such as: Admission CTGs; ARM; Time-frames in labour; labour psychoprophylaxis/ mindful birth; alternative therapies; cultural considerations</p>	<p>Free to WDHB staff. All others \$50 incl. GST</p>



1-2 Dates TBC	<b>Complex pregnancies</b>	Content TBC. However likely to be chosen from topics such as Pre-eclampsia, sepsis, diabetes, minor cardiac, blood disorders (eg. Anaemia, Thrombocytopenia, haemoglobinopathies, thyroid disorders; basic blood chemistry and fluid + electrolyte balance.	Free to WDHB staff. All others \$50 incl. GST
1-2 Dates TBC	<b>Postnatal complications</b>	Content TBC. However likely to be chosen from topics such as : bladder care, wound care, sepsis, GI complications, pharmacological pain management; thromboembolic disorders; basic blood chemistry and fluid + electrolyte balance (postpartum fluid shifts etc.)	
1-2 Dates TBC	<b>Sexual Health, Contraception Review, Abortion Legislation Act 2020</b>		

## Other educational opportunities

Both sites hold regular maternal case reviews and perinatal mortality reviews. Regular attendance at these meetings attracts professional activity hours. Keep your eye on the notice boards for upcoming meetings or contact the meeting coordinator as detailed below.

### Waitakere

Case Reviews: Arnia Rupa: [Arnia.Rupa@waitematadhb.govt.nz](mailto:Arnia.Rupa@waitematadhb.govt.nz)

Perinatal Reviews: Charlotte Wharepapa: [Charlotte.Wharepapa@waitematadhb.govt.nz](mailto:Charlotte.Wharepapa@waitematadhb.govt.nz)

### North Shore

Case Reviews: TBC

Perinatal Reviews held on Mondays at 12pm at Whenua Pupuke: Mandy Smith: [Mandy.Smith@waitematadhb.govt.nz](mailto:Mandy.Smith@waitematadhb.govt.nz)

## e-Learning

The DHB has several e-learning modules which are also available to LMC midwives. Contact your Educator for more information and to arrange a login (we will need your MC number to generate your login).

<https://koawatealearn.co.nz/> Search Midwives education (Waitemata DHB)

WDHB purchased the Intellilearn package which includes sections on electronic fetal monitoring & Breastfeeding package amongst others. <http://ilearn.e3learning.com.au>

To enrol email [Midwifery.Education@waitematadhb.govt.nz](mailto:Midwifery.Education@waitematadhb.govt.nz)

The FSEP study day has recommended online pre-learning: <https://ofsep.fsep.edu.au/>

This free education package (approximately 4hrs) can be completed independently of the face-to-face session. A certificate is generated and RANZOG is a Midwifery Council accredited education provider – therefore the elective education hours can be claimed.



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Programmes for health care professionals are also available at: [www.learnonline.health.nz](http://www.learnonline.health.nz) Courses are available from the National Screening Unit & Immunisation which are great for midwives and are approved for elective education.

## Midwife Educator contacts

### North Shore

Rebecca Hockey : [rebecca.hockey@waitematadhb.govt.nz](mailto:rebecca.hockey@waitematadhb.govt.nz)  
Ph 021549194

### Waitakere

Sam Jones: [Samantha.Jones@waitematadhb.govt.nz](mailto:Samantha.Jones@waitematadhb.govt.nz)  
Ph. 021 562 414

Please direct all enquiries and bookings to [Midwifery.Education@waitematadhb.govt.nz](mailto:Midwifery.Education@waitematadhb.govt.nz)

# Happy learning in 2021! Ngā mihi nui



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